

YSU SUICIDE PREVENTION SCREENING EVENT **Hosted by YSU Student Counseling Services**

> **April 16, 2025** 10:00 am - 12:00 pm 2:00 pm - 4:00 pm

Rossi Room • Kilcawley Center

Students: Briefly meet with a counselor and complete a risk assessment.

Work with a counselor to create a personalized emotional support plan to use when the world becomes too overwhelming, or your emotions are becoming too much to manage without support.

Food, t-shirts, and wristband giveaways for all attendees while supplies last!

Attending the suicide prevention screening event at YSU is important because it provides students with an opportunity to assess their mental well-being in a supportive and confidential environment. These screenings can help identify early signs of distress, connect students with valuable resources, and foster a campus culture that prioritizes mental health. By participating, you not only take a proactive step in your own self-care, but you also contribute to breaking the stigma around seeking help. Suicide prevention is a community effort, and attending the event can be a vital step in ensuring no one struggles alone.



